

Special Issue

Research on Physical Activity and Exercise Physiology

Message from the Guest Editor

Specific incremental physical exercises are requested to detected metabolic thresholds by ventilatory Cardiopulmonary exercise test (CPET) or metabolic variables (Blood Lactate).

The large diffusion of wearable devices that suit better the cardiovascular monitoring during physical activities have increased the role of heart rate monitoring on this context. Although, the physiological response of the cardiovascular system referable to improvement in cardiovascular fitness is complex mechanism and not yet completely explained. The non linear methods applied on heart rate time series have encouraged researchers to apply these methodology where the medical and paramedical staff to have direct access to parameters pertaining to an automated and personalized approach in athletic performance.

This Special Issue is aimed at providing selected contributions to address this topic with a particular emphasis on how to transfer experimental interventions and findings to practical on field applications.

Guest Editor

Prof. Giovanna Zimatore
Department of Theoretical and Applied Sciences, eCampus University,
Via Isimbardi, 10, 22060 Novedrate, Italy

Deadline for manuscript submissions

closed (31 August 2024)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/137382

*International Journal of
Environmental Research and
Public Health*
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jjerph@mdpi.com

[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul R. Ward

School of Society and Culture, Adelaide University, Adelaide 5001,
Australia

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)