

Special Issue

Beyond Gaming: Vulnerability to Digital Addictions in the Age of Social Media

Message from the Guest Editors

In recent years, Internet Gaming Disorder (IGD) has become a growing concern, especially among adolescents and young adults. While initially associated with excessive video and online gaming, the concept has broadened to include a wider range of problematic digital behaviors. These include the compulsive use of social media, online gambling, and continuous exposure to algorithm-driven digital content, all of which can significantly impact mental health, academic performance, and social relationships. This Special Issue seeks to bring together research that examines the biopsychosocial foundations of these digital behaviors, explores prevention and treatment strategies, and analyzes their implications for public policy and educational initiatives. The aim of this Special Issue is to create a space for academic discussion that supports the development of comprehensive, evidence-based responses to the complex challenges posed by digital addictions.

Guest Editors

Prof. Dr. Raquel Suriá-Martínez

Department of Communications and Social Psychology, School of Economics and Business Studies, University of Alicante, 03690 Alicante, Spain

Prof. Dr. Álvaro García del Castillo-López

Department of Health Psychology, Miguel Hernández University, 03202 Elche, Alicante, Spain

Deadline for manuscript submissions

30 May 2027



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/241839

*International Journal of
Environmental Research and
Public Health*
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul R. Ward

School of Society and Culture, Adelaide University, Adelaide 5001,
Australia

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)