

## Special Issue

# Beyond Gaming: Vulnerability to Digital Addictions in the Age of Social Media

### Message from the Guest Editors

In recent years, Internet Gaming Disorder (IGD) has become a growing concern, especially among adolescents and young adults. While initially associated with excessive video and online gaming, the concept has broadened to include a wider range of problematic digital behaviors. These include the compulsive use of social media, online gambling, and continuous exposure to algorithm-driven digital content, all of which can significantly impact mental health, academic performance, and social relationships. This Special Issue seeks to bring together research that examines the biopsychosocial foundations of these digital behaviors, explores prevention and treatment strategies, and analyzes their implications for public policy and educational initiatives. The aim of this Special Issue is to create a space for academic discussion that supports the development of comprehensive, evidence-based responses to the complex challenges posed by digital addictions.

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### Deadline for manuscript submissions

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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