

Special Issue

Reshaping Public Mental Health After COVID-19: Equity, Innovation and Resilience

Message from the Guest Editor

The pandemic has led to a substantial rise in anxiety, depression, grief-related distress, and trauma-related conditions worldwide, with disproportionate impacts on marginalised communities, essential workers, people with disabilities, and those already experiencing health and socioeconomic inequalities. Beyond the health crisis, disruptions to social connectedness, employment, education, and healthcare delivery have intensified psychological distress and hindered access to timely mental health support. Despite these challenges, the post-pandemic era offers important opportunities to rethink how mental health is conceptualised, delivered, and embedded within public health systems. Emerging evidence has highlighted innovative, community-centred, culturally responsive, and digitally enabled strategies that can expand reach and improve outcomes. Success stories—from digitally delivered psychological interventions to trauma-informed community responses—demonstrate the potential to build more resilient, equitable, and person-centred systems of care. However, further research and implementation insights are critically needed to translate innovation into sustained and scalable practice.

Guest Editor

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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Editor-in-Chief

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