

Special Issue

New Thinking on Psychological Health: Find Purpose and Meaning in Life

Message from the Guest Editors

Recent years have seen notable changes in the science and practice of mental health. Traditionally formulated in terms of psychological disorders, the new thinking has focused on diverse aspects of well-being. Key among these new directions have been studies of purposeful life engagement and the pursuit of meaningful lives. This Special Issue seeks to deepen and broaden work in these areas.

- purposeful life engagement
- meaningful living
- life domains
- social and environmental contexts
- longevity
- disease risk
- physiological regulation
- brain mechanisms
- gene expression
- interventions
- theory
- philosophy
- societal change

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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