

Special Issue

Effects of Diet and Exercise on Patients with Chronic Kidney Disease

Message from the Guest Editor

The population of patients with chronic kidney disease (CKD) worldwide is both growing and aging. Recent evidence suggests that drugs such as sodium–glucose cotransporter 2 inhibitors or mineralocorticoid receptor antagonists attenuate the progression of CKD. However, self-management is the cornerstone of treatment for all illnesses, and the same is true for CKD; such self-management includes proper exercise habits and restriction of salt and protein intake. We believe that the focus of this Special Issue, “Effects of Diet and Exercise on Patients with Chronic Kidney Disease”, is still an area in development, and related investigations are of much interest. We encourage the submission of original research articles, reviews, and meta-analyses, especially those combining a high academic standard coupled with a practical focus on optimizing diet and exercise therapies in patients with CKD.

Guest Editor

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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