

## Special Issue

# Bipolar Spectrum Disorders: Longitudinal Factors Associated with Risk and Improvement

### Message from the Guest Editors

Bipolar disorder (BD) is a psychiatric illness that usually onsets before adulthood, affects on average 2% of the population, and is associated with high rates of suicidality, Substance Use Disorder, functional impairment, and morbidity. Thus, it is important to identify the factors associated with the course and outcome of BD. In the past decades of clinical research, we have learned much about the effects of variables ascertained at study intakes on the course of BD.

Overall, poor prognosis has been associated with lifetime family history of BD and SUD, individual early childhood BD onset, history of exposure to negative life events (e.g., abuse), severe mood symptoms, suicidality, psychosis, comorbid disorders (e.g., anxiety disorders), lower socioeconomic status, and reduced psychosocial functioning. Papers addressing the topic of BD and related conditions are invited for this Special Issue, especially those utilizing a longitudinal research design, and focus on providing new insights on the course of BD.

---

### Guest Editors

Dr. María Andreu Pascual

Hospital Sant Joan de Déu, University of Barcelona, 08950 Barcelona, Spain

Prof. Heather Hower

Department of Health Services, Policy, and Practice, Brown University School of Public Health, Providence, RI 02912, USA

---

### Deadline for manuscript submissions

closed (30 June 2025)



## International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 8.5  
Indexed in PubMed



[mdpi.com/si/137550](https://mdpi.com/si/137550)

*International Journal of  
Environmental Research and  
Public Health*

Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ijerph@mdpi.com](mailto:ijerph@mdpi.com)

[mdpi.com/journal/](https://mdpi.com/journal/)

[ijerph](https://www.ijerph.com)





# International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 8.5  
Indexed in PubMed



[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)



## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

---

### Editor-in-Chief

Prof. Dr. Paul R. Ward

School of Society and Culture, Adelaide University, Adelaide 5001,  
Australia

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

#### Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)