

## Special Issue

# Digital Health Technology Supporting Process and Outcomes in Primary Care

### Message from the Guest Editor

Primary care is the cornerstone of supporting the prevention and management of health conditions, most of which are caused by lifestyle and daily behaviours. However, due to the unparalleled healthcare demand, primary care faces challenges in terms of delivering efficient, effective, and equitable healthcare services. Digital health technology is one way of supporting patients in making and maintaining clinically meaningful health behaviour changes and to therefore bridge the gap within current healthcare services to improve their cost-effectiveness. This Special Issue aims to collate research focused on the role of digital health in enhancing primary care engagement, delivery, and outcomes. Eligible articles should explore perspectives on how digital health technology amplifies decision-making and implementation in primary care. Topics of interest could include the use of personalised feedback, remote consultations, digital nudges, gamification, and data-driven interventions in areas like physical activity, diet, medication adherence, smoking cessation, and mental health support. Contributions combining in-person behavioural advice with digital technology are welcome.

### Guest Editor

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### Deadline for manuscript submissions

28 February 2026



## International Journal of Environmental Research and Public Health

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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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