Special Issue

Sports Injury Prevention, Rehabilitation, and Performance Optimization

Message from the Guest Editors

Injuries are an inherent risk of participation in sports that have the ability to impact physical health, mental health, social health, and sport performance. Until recently, the connection between the public health phenomenon and sports injury research was lacking. Therefore, understanding holistic healthcare as it relates to athletes, in particular, is vital to improving the health and wellness of athletes during their lifespan. This Special Issue is intended to lay a foundation for understanding the connection between public health concepts and sports injury research to optimize athlete health and performance. This Special Issue is aimed at providing selected contributions on sports injury epidemiology, public health theory applications in sports injury research, and the preparation of healthcare professionals to navigate issues of sports injury prevention and rehabilitation. Potential topics include, but are not limited to:

- sports injury epidemiology
- public health theory applications in sport injury prevention&rehabilitation
- biopsychosocial impact of sports injury
- preparation of healthcare professionals in sports

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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