

## Special Issue

# Prevention and Management of Substance Use and Mental Health Issues in the Perinatal Period

### Message from the Guest Editor

A significant volume of research over the last several decades has identified adverse outcomes following substance use and mental health issues during pregnancy and the post partum period. Children born to women who use legal or illicit substances or misused prescription drugs during pregnancy are at increased risk for a multitude of health and developmental concerns. Similarly, pregnancy and post natal mental health issues are associated with poor maternal and child outcomes. Despite these findings, rates of substance use and poor mental health during the perinatal period remain high and are neither universally identified nor successfully managed. In order to reduce adverse outcomes and improve quality of life for the women and children affected by these issues, high-quality evidence is needed, identifying populations at risk and the best methods of identification, intervention, and even prevention. For this Special Issue, we invite the submission of papers that address this evidence gap, focusing on prevention and management of substance use and mental health issues in the perinatal period.

### Guest Editor

Prof. Dr. Beth Bailey

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### Deadline for manuscript submissions

31 October 2025



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### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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### Editor-in-Chief

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