

Special Issue

Rehabilitation Through Physical Activity and Sport: A Public Health Perspective to Reduce Ableism

Message from the Guest Editor

In the context of physical activity, exercise, and sport, ableism creates barriers that limit access, participation, and recognition of athletes with disabilities. Public health professionals have the opportunity to remove and/or eliminate systemic barriers found in ableist communities, increasing inclusive participation in physical activity and sport and the inherent benefits obtained from such activities. This issue focuses on how physical activity can be beneficial in rehabilitation science and the role that public health practitioners can play in reducing systemic ableism and promoting healthy rehabilitation that may achieve greater public health outcomes.

Guest Editor

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