

## Special Issue

# Psychosocial Risk Factors and Mental Health Outcomes Among Healthcare Workers: An Occupational Health Perspective

### Message from the Guest Editors

The healthcare sector is characterized by unique occupational demands, including high emotional strain, irregular shifts, and constant exposure to critical health situations. These psychosocial risk factors have a profound impact on the psychological well-being and professional performance of healthcare professionals, frequently leading to conditions such as burnout, anxiety, depression, and moral dilemmas. T

We invite original research, systematic reviews, and meta-analyses addressing the epidemiology of psychosocial risk factors, mental health, and effective health promotion programs. We particularly encourage studies focusing on interventions for the prevention of occupational diseases and health promotion among physicians, nurses, and other healthcare professionals. Studies exploring cross-sectional, longitudinal, and multicenter cohort data are very welcome. By integrating diverse perspectives on occupational health, this volume seeks to provide evidence-based insights that can guide public health policies and organizational strategies aimed at protecting and supporting those who care for others.

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### Guest Editors

Dr. Ana Laura Cruzeiro Szortyka  
Dr. Fernando Ribas Feijó  
Prof. Dr. Pedro R. Gil-Monte

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### Deadline for manuscript submissions

28 February 2027



## International Journal of Environmental Research and Public Health

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### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

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