

Special Issue

Risk and Protective Factors for Maternal and Paternal Mental Health during the Perinatal Period

Message from the Guest Editors

Perinatal maternal and paternal mental health has attracted increasing interest in recent times. Research has highlighted the impact of the transition to parenthood on the mental health of both parents, emphasizing how the affective states of the two partners are correlated throughout the perinatal period. However, most studies to date have focused on maternal perinatal depression and limited attention has been given to paternal depression, despite its crucial impact on the wellbeing of mothers and offspring alike. This Special Issue aims to present the latest research in the field of maternal and paternal perinatal mental health. Original studies, reviews and meta-analyses on risk and protective factors for maternal and paternal mental health in different family contexts and the effectiveness and implementation of interventions, screening tools and programs, services for the diagnosis and treatment of perinatal mental disorders, and promotion of perinatal maternal and paternal mental health are welcome. Dyadic and/or longitudinal empirical studies on maternal and paternal mental health are of particular interest for this Special Issue.

Guest Editors

Dr. Sonia Mangialavori

Department of Pathophysiology and Transplantation, University of Milano, Via Francesco Sforza 35, 20122 Milano, Italy

Dr. Michele Giannotti

Department of Psychology and Cognitive Science, University of Trento, Via Calepina, 14, 38122 Trento, Italy

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

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