

## Special Issue

# Risk and Protective Factors for Maternal and Paternal Mental Health during the Perinatal Period

### Message from the Guest Editors

Perinatal maternal and paternal mental health has attracted increasing interest in recent times. Research has highlighted the impact of the transition to parenthood on the mental health of both parents, emphasizing how the affective states of the two partners are correlated throughout the perinatal period. However, most studies to date have focused on maternal perinatal depression and limited attention has been given to paternal depression, despite its crucial impact on the wellbeing of mothers and offspring alike. This Special Issue aims to present the latest research in the field of maternal and paternal perinatal mental health. Original studies, reviews and meta-analyses on risk and protective factors for maternal and paternal mental health in different family contexts and the effectiveness and implementation of interventions, screening tools and programs, services for the diagnosis and treatment of perinatal mental disorders, and promotion of perinatal maternal and paternal mental health are welcome. Dyadic and/or longitudinal empirical studies on maternal and paternal mental health are of particular interest for this Special Issue.

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### Guest Editors

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### Deadline for manuscript submissions

closed (31 May 2025)



## International Journal of Environmental Research and Public Health

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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