



Wellbeing and Mental Health among Students and Young People

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Message from the Guest Editors

While the health status of young people in developed countries is considered as generally satisfactory, certain areas, such as wellbeing and mental health, continue to be of particular concern, especially in the school. It is essential to promote healthy lifestyles, consider preventive intervention, and take gender issues into account. There are significant links between the health and well-being of young people and their level of social inclusion and education. Hence, this Issue calls for papers that conceptually and/or empirically evaluate protective and risk factors of wellbeing and mental health through the lens of psychology, sociology, and/or even political perspectives. With such a premise, recommended topics include but are not limited to the following:

- Psychological well-being of youth and students and Mental health;
- Background factors and School dropout intention;
- Lifestyles and Physical activity and Gender differences and Poverty and Immigrants;
- Substance use and Negative self-esteem and Emotion regulation and Peer acceptance.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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