



## Sex Education as Health Promotion

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Deadline for manuscript  
submissions:

**30 April 2022**

### Message from the Guest Editors

Dear Colleagues,

Comprehensive sex education (CSE) is essential in order to enhance people's ability to know, accept, and express their sexuality in a way that is satisfactory in the contexts in which they live. CSE plays a central role in developing a safe, productive, and fulfilling life and can help to achieve a high quality of life.

Traditionally, greater attention has been given to sex education for adolescents and young people, such as teaching them to avoid unhealthy behaviors (prevention of HIV, prevention of unwanted pregnancies). However, the social changes that have taken place in the last few decades have created the need for differentiated approaches to address aspects of sexuality throughout life from an intersectional (age, social context, disability, gender) and multidisciplinary perspective to improve the quality of comprehensive sexuality education interventions.

We invite authors to submit papers on these topics for publication in this Special Issue, especially those that combine a high academic level with a practical approach to provide intervention strategies for sex education to improve people's quality of life.





# International Journal of *Environmental Research and Public Health*

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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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