



## Physical Activity and Public Health

Collection Editor:

### Message from the Collection Editor

Dear Colleagues,

There is compelling evidence for the importance of regular physical activity in attaining and maintaining a wide range of health outcomes across the lifespan. Accordingly, understanding the associations of physical activity with health, as well the psychological, social, and environmental factors that shape physical activity behaviours, are urgent public health priorities.

This Collection welcomes contributions across the broad field of physical activity and public health, including (but not limited to) the following topics:

- Determinants/correlates of physical activity, as a global measure or in specific contexts such as leisure, occupation, active transport, organized sport.
- Physical activity and disease prevention
- Physical activity outcomes in clinical populations, including, for example, cancer survivorship and cardiac rehabilitation
- Physical activity and mental health
- Physical activity and cognition
- Physical activity in ageing populations
- Physical activity and educational attainment in children
- Physical activity measurement: challenges and recent advances
- Physical activity prescription for health





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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