



The Influence of Psychosocial Factors in Healthy Aging

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Message from the Guest Editors

Aging is a psychosocial process which becomes evident today more than ever, as it is expected that two billion of people worldwide will be more than 60 years in 2050. As the biological activity of a human body decreases, its ability to regenerate and adapt decreases, sometimes leading to increased susceptibility to various illnesses. Involuntary changes and ailments related to aging may correspond to the already existing health problems. As a result, multiple morbidities, polypharmacy and serious geriatric problems may develop. The main goal of the current Special Issue is addressed to understand the different psychological factors, that work together in order to get later life without disabilities, increasing the quality of life and function in older age.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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