Non-pharmacological Approaches for Neurological Diseases

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Message from the Guest Editors

Neurological diseases are defined as hereditary and sporadic conditions characterized by an inappropriate function of the nervous system including but not limited to the brain, spinal cord, and peripheral nerves.

Non-pharmacological approaches have an important role in the management of patients with neurological diseases. This is linked to the high prevalence of disability, the complexity of the patients, and the multisystemic impairment. Several studies have reported enhanced performance and quality of life in patients with neurological disease, following non-pharmacological interventions. In this sense, promising results for future intervention are based on approaches and individual strategies adapted to the disease stage and clinical profile of each patient, considering their needs, goals, and preferences.

Papers addressing these topics are called for this Special Issue in the *International Journal of Environmental Research and Public Health*, especially those providing non-pharmacological care to manage neurological diseases applied by medicine and allied health professionals.

Special Issue

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for evidence-based policies.
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