



Advances in Mental Health Care: Self-Management, Prevention and Early Intervention

Guest Editor:

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Deadline for manuscript
submissions:

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Message from the Guest Editor

Self-management can help people with mental health challenges to develop the skills to take care of themselves and improve collaborative interactions with health and social care support providers and the systems in which they work. The benefits of prevention and early intervention in mental health to address longer-term psychosocial disability and marginalization are widely acknowledged.

Despite the strengthening understandings of the importance of self-management to mental health and the role of the person in their own care, there remain significant gaps in knowledge, including, *but not restricted to, the following*:

- Cross-cultural contexts for mental health self-management;
- The role of lived experience mental health peers in supporting self-management;
- Mental health care service systems within a human rights framework;
- The experiences of young people impacted by mental health;
- The experiences of caregivers in supporting mental health self-management.

We welcome submissions across the broadest interpretation of these issues, and from a wide range of disciplines of relevance to mental health. We particularly welcome submissions by lived experience researchers.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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