



Interventions to Promote Healthy Movement Behaviours in Early Childhood Education and Care Settings

Guest Editors:

Dr. Hayley Christian

Prof. Stewart Trost

Prof. Dr. Dianne S. Ward

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submissions:
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Message from the Guest Editors

Dear Colleagues,

Countries such as Canada and Australia have recently released 24-hour Movement Guidelines for the early years and national physical literacy standards highlighting the importance of early movement behaviours and physical development on later health (i.e., chronic diseases such as obesity) and developmental trajectories (e.g., academic achievement). Young children spend a significant amount of time in early childhood education and care (ECEC) services. ECEC is thus an important setting to promote early child movement behaviours related to physical activity, sedentary behaviour, and sleep, as well as development-related outcomes such as physical literacy.

This Special issue seeks papers on early childhood education and care interventions focused on movement behaviours such as physical activity, sedentary behaviour, and sleep, as well as related developmental outcomes such as physical literacy. Intervention studies with a focus on the scale up and implementation of strategies at a population level are a priority.

Assoc. Prof. Hayley Christian
Prof. Stewart Trost
Prof. Dianne Stanton Ward
Guest Editors





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Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
Research Center, Morgan State
University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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