



1000 Days to Get a Good Start in a Child's Life

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Message from the Guest Editor

Dear Colleagues,

Early Childhood Development (ECD) is an essential social predictor of adult health. As affirmed in The Marmot Review (2010), “Giving every child the best start in life is crucial to reducing health inequalities across the life course (p. 22)”.

The roots of each area of human development (physical, intellectual and emotional) are established throughout early childhood. Indeed, events that occur during these first years (starting from prenatal life) have a lifelong impact on several aspects of health and well-being. Therefore, it is necessary to address and focus on children's positive early experiences to resolve health inequalities and promote physical and mental development. In particular, research has demonstrated the importance of a “good-enough” environment for physical, emotional, social and cognitive support, which is vital to ensuring healthy psychological, neurological, relational and emotional child development.

Given the demonstrated value of promoting and protecting the health and well-being of children, this Special Issue focuses on early child development.





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Message from the Editor-in-Chief

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