



1000 Days to Get a Good Start in a Child's Life

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Deadline for manuscript
submissions:

closed (31 October 2022)

Message from the Guest Editor

Dear Colleagues,

Early Childhood Development (ECD) is an essential social predictor of adult health. As affirmed in The Marmot Review (2010), “Giving every child the best start in life is crucial to reducing health inequalities across the life course (p. 22)”.

The roots of each area of human development (physical, intellectual and emotional) are established throughout early childhood. Indeed, events that occur during these first years (starting from prenatal life) have a lifelong impact on several aspects of health and well-being. Therefore, it is necessary to address and focus on children's positive early experiences to resolve health inequalities and promote physical and mental development. In particular, research has demonstrated the importance of a “good-enough” environment for physical, emotional, social and cognitive support, which is vital to ensuring healthy psychological, neurological, relational and emotional child development.

Given the demonstrated value of promoting and protecting the health and well-being of children, this Special Issue focuses on early child development.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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