



Impact of Diet and Food Policy on the Development of Obesity and Type 2 Diabetes Mellitus (T2DM) Epidemics

Guest Editor:

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Message from the Guest Editor

Dear Colleagues,

Obesity and the consequent development of T2DM in individuals with a genetic predisposition have become a worldwide problem affecting both developed and developing countries. In particular, T2DM is forecast to affect the developing world to the detriment of both their health and general economies more so than those of the developed economies. Dietary intake and government food policy worldwide may have played a role in the development of both of these epidemics.

There is now an ongoing discussion amongst scientists and clinicians worldwide as to whether the changes in food policy, advocated since the 1980s, are the key to the deterioration in the public health of populations. In particular, childhood obesity and the development of T2DM in children, a disease unknown in children prior to the change in food policy, is now threatening the "normal" lifespan of the population, with a possible reduction in the life expectancy of our children.

This Special Issue is open to any subject area related to diet, food availability and type, and the effects of food policy on the development of obesity and T2DM.

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Guest Editor





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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