



Age-Friendly Health System: Determinants, Needs and Services

Guest Editor:

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Message from the Guest Editor

As we live longer, we know we will need a health system that understands what makes our care unique as we age. A health system is “age-friendly” when it is expertly designed to coordinate all our care as we age, while also making sure our personal needs, values, and preferences are at the heart of that care. A well-known 4M approach is knowing what *matters* to us as older adults when it comes to making healthcare decisions; reviewing, reducing, and removing *medications* that may cause harm or are unnecessary; improving care for the *mentation* (or the *mind*) by addressing critical problems such as dementia, delirium, and depression; and promoting *mobility*, or the medical term for being able to move (on our own or with help). Papers addressing these topics are invited to this Special Issue, especially those combining a high academic standard with a practical focus on creating an age-friendly health system.





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Message from the Editor-in-Chief

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