



Overweight and Obesity in Children during the SARS-CoV-2 Pandemic

Guest Editor:

Dr. Elżbieta Petriczko

Department of Paediatrics,
Endocrinology, Diabetology,
Metabolic Disorders and
Cardiology of Developmental
Age, Pomeranian Medical
University, 71-242 Szczecin,
Poland

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Message from the Guest Editor

Dear colleague,

Obesity, said to be the pandemic of the XXI century, poses one of the greatest fundamental public health problems and is projected to escalate over time. The most concerning and urgent aspect of obesity is its prevalence in children. Obesity is diagnosed when the calculated BMI value (Body Mass Index) is above the 97th percentile for age and gender. According to the WHO, 38 million children under the age of five were classed as overweight or obese in 2019. As stated by the latest published research in our place of investigation, the city of Szczecin, this problem concerns 8.6% of children aged 8–10 years. Excessive body weight increases the risk of numerous clinical consequences: diabetes mellitus type 2, hypertension, heart attack, stroke, kidney disorders, some cancers, emotional problems and many others. In this issue of the journal you will find reports on the potential causative factors, complications and ways to prevent obesity in children.





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Message from the Editor-in-Chief

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MDPI, St. Alban-Anlage 66
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