



Mental Wellbeing and Quality of Life during and after the COVID-19 Pandemic

Guest Editor:

Prof. Dr. Francisco Sampaio

Higher School of Health
Fernando Pessoa, Rua Delfim
Maia, 334, 4200-253 Porto,
Portugal

Deadline for manuscript
submissions:

closed (31 January 2024)

Message from the Guest Editor

Dear colleagues,

The outbreak and rapid spread of a novel coronavirus disease across the world in the early months of 2020 quickly raised fears and anxiety among people that they or those dear to them could become infected, potentially very sick, or die. Populations need to be sensitized to the fact that the pandemic has psychological effects, and low-threshold preventive interventions should be provided to improve resilience. More reliable studies on the precise impact of COVID-19 on mental wellbeing and quality of life are also needed, since little is known so far, especially regarding long-term effects.

Potential topics include but are not limited to:

- Mental wellbeing during and after the COVID-19 pandemic;
- Quality of life during and after the COVID-19 pandemic;
- Stressors during and after the COVID-19 pandemic;
- Overall health during and after the COVID-19 pandemic;
- Workplace wellbeing during and after the COVID-19 pandemic;
- Long-term effects of the COVID-19 pandemic on mental health;
- Psychosocial interventions in the context of the COVID-19 pandemic.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
Research Center, Morgan State
University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (*Public Health, Environmental and Occupational Health*)

Contact Us

International Journal of
*Environmental Research and Public
Health* Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
[X@IJERPH_MDPI](https://twitter.com/IJERPH_MDPI)