



Health Impact of Racket Sports: Fitness, Physical Education and Health Promotion

Guest Editors:

Message from the Guest Editors

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In recent years, racket sports have become widely practiced disciplines at a professional and recreational level, becoming an interesting educational content and an alternative for leisure time. The aim of this Special Issue is to invite researchers to delve into the knowledge of racket sports, introducing updated and multidisciplinary analyses to consider educational, physical, biomechanical, physiological, biochemical and psychological aspects related to health, education and physical and sports performance. We also encourage authors to send review articles on the current state of knowledge in this field.

Topics of interest include, but are not limited to, the following:

- Metabolic changes according to sports;
- Injuries in racket sports;
- Psychology applied to racket sports;
- Disability and racket sports;
- Young athletes' performance and health;
- Women in racket sports.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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