



Impact of Martial Arts and Combat Sports on Health

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Message from the Guest Editors

Dear Colleagues,

We are excited to invite sports scientists interested in publishing their advances on performance analysis during the fighting, evaluating, and monitoring of athletes during training and competition, and analyzing the impact of physical and mental health effects linked to the practice of combat sports and martial arts.

In order to continue increasing the knowledge in this sports field, we will accept articles of interventional studies, random controlled trials, and systematic reviews with or without meta-analysis, on combat sports and martial arts, related to:

- Observational analysis in competition;
- Monitoring, evaluation, and control of the athlete;
- Physiology of effort;
- Biomechanics of skills (techniques);
- Body composition, weight management, and nutrition;
- Psychological Aspects of the practitioners;
- Effects of practice and health;
- Applied teaching-learning and motor control processes;
- Injuries.

Therefore, we cordially invite all colleagues from the most diverse martial arts and combat sports to collaborate on this Special Issue, and we thank you in advance for your attention and availability.

Special Issue



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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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