



Work and Addictions: From Biology to Practice

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Message from the Guest Editors

Health is influenced by different interconnected environmental and behavioral factors. In particular, the type of work carried out, the alteration of the sleep–waking rhythm, and behavioral factors such as smoking, alcohol, drugs and incorrect eating habits may be responsible for the onset of different diseases. In recent years, a great deal of attention has been paid to the consumption of substances of abuse, especially in particular categories of workers, following the introduction of regulations that have set limits or banned consumption. The intake of these substances—some of which are erroneously considered foods—can generate toxic effects that vary according to the nature, quantity, duration of the exposure, and the method of consumption of the substance itself. It is also important to emphasize that the intake of substances of abuse by promoting the onset of a pathological dependence can interfere with the common social and work activities carried out. The aim of this Special Issue will be to deepen the knowledge on the problems outlined above, analyzing the biological and behavioral mechanisms, and any feasible prevention and protection interventions.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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