



Mental Health and Well-Being in Adolescence: Environment and Behavior

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Deadline for manuscript
submissions:

closed (20 October 2020)

Message from the Guest Editor

Well-being and mental health in adolescence is a crucial aspect today. Adolescence is considered a crucial developmental stage with different transformations that affect at physical, psychological, and sociological levels. It is well known that mental disorders and psychological difficulties in adulthood start in a considerable percentage during adolescence. The impact of these difficulties affects not only the person but also the family, the school, and the whole community and environment surrounding the adolescent. Bearing in mind the high prevalence and the long-term negative consequences associated with mental health difficulties during adolescence, more attention and resources from public health systems are now being devoted to the evaluation, detection, and intervention of psychological difficulties and related phenomena.

This Special Issue seeks research papers on various aspects of mental health development in adolescence. We welcome original research papers using different study designs as well as systematic reviews and meta-analyses.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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