



Lifestyle, Food, Nutrition, Consumer Behaviors and Health

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Message from the Guest Editors

Recent studies have indicated a growing list of determinants of health, as they are associated with education, employment, income, family, living environment, and nutrition, as well as other social determinants, such as early life; stress; social exclusion; social support; addiction; health system; gender, culture, and social norms; media; stigma; and discrimination. Among the important determinants of health, there are those associated with the general lifestyle, including consumed food products and other factors. At the same time, in the 21st century, when the world experienced the COVID-19 global pandemic, we observed the dynamic changes of individual and global priorities. They reflect the interests and concerns of populations towards opportunities to influence one's health by enacting positive changes to their lifestyle, nutrition, and consumer behaviors.

In this Special Issue, we would like to provide readers with valuable insights into the associations between lifestyle, food, nutrition, consumer behaviors, and health.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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