



Urban Resilience and Population Health

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Message from the Guest Editors

Cities in many parts of the world are often on the verge of their resilience due to climate change. Among the effects that this climate change produces, there is an increase in the frequency and duration of heat waves that directly and indirectly affect the well-being and health of populations.

Therefore, the urgency of the need for the development of adaptation strategies capable of reducing the strong influences on citizens' health and particularly on the most vulnerable is clear. The main adaptation strategies could interest not only local health units but different sectors of the community, and include short- and long-term actions. In the short term, for example, early warning systems can be very useful tools for providing strategic information to communities in order to react appropriately to extreme weather events. In the long term, the strategic forms of urban adaptation to climate change include real urban regenerations such as keeping fragile segments of the population in a safe environment.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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