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# The Role of Sedentary Behaviour in Cardiovascular Disease and Type 2 Diabetes

Guest Editor:

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Deadline for manuscript submissions:

closed (31 October 2022)

## Message from the Guest Editor

Dear Colleagues,

You are invited to submit manuscripts to the Special Issue of "The Role of Sedentary Behaviour in Cardiovascular Disease and Type 2 Diabetes". This Special Issue focuses on extending our knowledge regarding the role that regular physical activity and limiting sedentary behaviour may have on optimal metabolic and cardiovascular health. Low levels of physical activity and high volumes of sedentary behaviour are associated with a wide array of metabolic and cardiovascular related health outcomes. This includes an increased risk of cardiometabolic risk markers, incident cardiovascular disease and Type 2 diabetes, and mortality. We wish explore this from observational. to epidemiological and experimental perspectives in addition to furthering our understanding regarding the effective design, delivery and evaluation of interventions aimed at increasing physical and/or reducing sedentary behaviour.

Dr. Daniel P. Bailey *Guest Editor* 









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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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