



Salutogenesis and Coping: Ways to Overcome Stress and Conflicts

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Message from the Guest Editors

The objective of this Special Issue is to explore the concepts of stress and coping resources and strategies, which are rooted in several theories, such as the stress and coping theory of Lazarus and Folkman and the salutogenesis theory of Antonovsky, and to understand how their core constructs are manifested in various ethnic and cultural groups around the world.

These theories suggest that their main concepts, namely, several ways of coping, hope, personal and collective sense of coherence, and others, are universal and, therefore, predict that, in all cultures, they could be considered as potential protectors against stress. However, to date, the studies with non-western population have revealed ambiguous results.

Thus, in this Special Issue we aim to address these concerns comprehensively by inviting researchers from around the world to present their studies based on special research methods and mixed research methods. These researches will enable a fundamental understanding of positive adaptation in stressful and in conflictual situations in various cultural and ethnic groups and contexts around the world.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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