



Physiotherapy and Exercise Rehabilitation to Cure Diseases and Improve Health

Guest Editors:

Dr. Alfonso Ibañez Vera

Department of Health Sciences,
Campus las Lagunillas s/n,
University of Jaén, 23071 Jaén,
Spain

Dr. Daniel Rodríguez-Almagro

Department of Health Sciences,
University of Jaén, 23071 Jaén,
Spain

Dr. Raquel Fábrega-Cuadros

Department of Health Sciences,
Faculty of Health Sciences,
University of Jaén, 23071 Jaén,
Spain

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Message from the Guest Editors

Physiotherapy has become the option of choice for the treatment of many musculoskeletal disorders. Clinical guidelines reflect the crucial role of physiotherapy modalities and exercise in the treatment and rehabilitation of a wide range of health conditions: temporomandibular disorders, pelvic floor disorders, orthopedic conditions such as idiopathic scoliosis, vestibular rehabilitation, respiratory rehabilitation, strength and endurance rehabilitation in cardiovascular diseases, etc. Nonetheless, the development of minimally invasive techniques such as dry needling and electrolysis have created new approaches for the treatment of soft tissue pathologies, requiring specific research into this area to delimit appropriate indications and clinical patterns that could extract the most profit from them.

For all the above, the present Special Issue aims to focus on the most up-to-date knowledge regarding the effects of physiotherapy and therapeutic exercise in the rehabilitation of musculoskeletal disorders. Contributions in this field that are of a high academic standard will be welcomed and considered.





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Editor-in-Chief

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RCMI Center for Urban Health
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Innovation, Richard Dixon
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University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

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MDPI, St. Alban-Anlage 66
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