



Physical Activity and Exercise in Cancer Care

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Deadline for manuscript
submissions:

closed (1 December 2023)

Message from the Guest Editor

A cancer diagnosis and subsequent treatment often lead to a decreased quality of life and accelerated physical deconditioning. Evidence suggests that physical activity and exercise can help prevent these changes, improving the health of people living with a cancer diagnosis, or even improve the effectiveness of contemporary or emerging cancer therapies. Despite this, the benefits of physical activity and exercise interventions, as well as ways to best implement them, are not fully determined. It is therefore important to further study how best to harness exercise and physical activity interventions in the context of cancer care in order to ultimately improve the lives of people living with a cancer diagnosis. This Special Issue is dedicated to research studies investigating the effects of physical activity and exercise interventions on cancer and cancer care. All types of studies will be considered for publication (e.g., implementation effectiveness trials, randomized clinical trials, clinical research, preclinical research, systematic reviews, scoping reviews, etc.), so long as they relate to this theme.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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