



Physical Activity and Rehabilitation

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submissions:

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Message from the Guest Editors

The WHO global action plan on physical activity 2018–2030 aims for a more active world to improve physical and environmental sustainability. Physical activity and rehabilitation are essential for physical and mental wellbeing and the prevention of chronic diseases, leading to premature mortality. Rehabilitation is an essential part of universal health coverage along with the promotion of good health, prevention of disease, treatment, and palliative care. Rehabilitation helps a child, adult or older person to be as independent as possible in everyday activities and enables participation in education, work, recreation, and meaningful life roles. This Special Edition welcomes submissions that report the design, methodological approach, implementation, and impact of physical activity and rehabilitation interventions across all age ranges. We encourage original studies investigating innovative physical activity and rehabilitation programs, as well as studies that explore key considerations when designing and delivering interventions. These may include the use of technology and co-design as well as innovative methodologies leading to lasting change and impact.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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