



Physical Activity in Childhood and Adolescence

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Deadline for manuscript
submissions:

closed (30 September 2021)

Message from the Guest Editors

The latest reports prepared and published by the World Health Organization (WHO) and by different institutions dedicated to health in infancy and childhood warn of a high percentage of sedentary population in children.

The promotion of a healthy lifestyle from childhood can combat and reduce pathologies associated with sedentary lifestyle. The promotion of physical activity in children and adolescents must be one of the main objectives of all countries.

This Special Issue of the *International Journal of Environmental Research and Public Health (IJERPH)* focuses on the current state of knowledge of physical activity in children. New research papers and reviews are welcome to this issue.

We will accept manuscripts from different disciplines, including sports sciences, physical education, medicine, physiotherapy, nutrition, psychology, and sociology, among others, as long as their research theme is physical activity in children.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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