



Physical Activity and Sedentary Behaviour in Children and Youth

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Message from the Guest Editors

For this Special Issue in *IJERPH*, we especially welcome studies carried out in children/youth population involving the following topics:

- Physical activity/sedentary behavior assessment and surveillance in the context of recommendations;
- Physical activity/sedentary behaviors and mental health;
- Psychosocial correlates of physical activity and sedentary behaviors;
- Physical literacy studies;
- Neighborhood environment—built and social, as factors influencing choices leading to physical activity/sedentary behaviors;
- Gross motor skill development;
- The association between gross motor skills and physical activity/sedentary behaviors;
- Screen- and sitting time correlates;
- Active/passive transportation and physical activity levels;
- The role of sleep duration and sleep behaviors in children and adolescents' energy expenditure behaviors.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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