



## Association between Psychosocial Stress and Cognitive Performance

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### Message from the Guest Editors

There is significant scientific evidence regarding how stress impacts cognitive functions such as memory, attention, perception, language, decision making, or problem solving, among others. This impact can have a different result (facilitation/impairment) depending on a series of factors related to the stress factor itself (intensity, duration, and origin) and to the cognitive function that is being assessed. Since we are exposed to stressors in any social context, we need to understand how our cognitive functions are altered in a work, academic, sports, family, or social environment.

Better understanding the association between stress management and cognitive function can help us to develop strategies to better cope with these types of situations. Papers addressing these topics are invited for this Special Issue, especially those combining a high academic standard with a practical focus on stress impact and management.





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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