



Nutrition for Older People

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Deadline for manuscript
submissions:

15 December 2019

Message from the Guest Editors

The populations of Western countries are ageing rapidly. The ageing process causes many physical and psychological changes, such as decreased food intake and increased comorbidities, which place older adults at higher risk of nutrition-related disease. The prevalence of many nutrition-related chronic conditions, including gastrointestinal disease, cardiovascular disorders, respiratory disease, arthritis, cancer, and declined brain function, is high in people of advanced age and represents a major source of morbidity, mortality, and healthcare costs.

This Special Issue seeks papers on nutrition in older people, including the evaluation of nutrition assessment and diagnostic methods, dietary interventions for improved healthy ageing or chronic disease management, and epidemiological and mechanistic studies. Original research, systematic reviews, and high-quality narrative reviews will be considered.





International Journal of *Environmental Research and Public Health*

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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