



## Mental Health and Quality of Life among Healthcare Professionals

Guest Editor:

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Deadline for manuscript  
submissions:

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### Message from the Guest Editor

Healthcare professionals usually work in stressful contexts, in which they often undergo continuous contact with human suffering, difficult working conditions (shifts, working hours, time and material available, etc.) and inadequate social recognition or visibility, which sometimes translates into little opportunity for career development or advancement.

Improving the quality of life of healthcare professionals would have a double potential benefit: preventing physical and/or mental health problems in a very large population group (healthcare workers) as well as preventing the possible effects that these problems could have on their professional work.

Articles describing the occupational and individual determinants of the quality of life of healthcare professionals, as well as those that can respond to the relationship between quality of life and quality of nursing care, are welcome. Works that evaluate the effectiveness of interventions to improve the quality of life (global or some of its dimensions) of healthcare professionals will also be considered.





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## Editor-in-Chief

**Prof. Dr. Paul R. Ward**

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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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