



Mental Health in the Time of COVID-19

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Message from the Guest Editors

The COVID-19 pandemic will most likely influence the mental health and well-being of the general population, leading to an impact on the organization and delivery of mental health services worldwide. With regard to the impact of the COVID-19 pandemic on mental health, an increased prevalence of numerous mental disorders is expected, including anxiety, depressive, obsessive-compulsive, and post-traumatic stress disorder. Moreover, the incidence of other mental health problems, including substance and/or alcohol abuse, internet addiction, and psychosis, will probably increase. We also foresee, in the general population, an increased incidence of psychological difficulties related to quarantine, such as loneliness, economic difficulties, changes in daily habits, maladaptive coping strategies, and social disconnection. Finally, we also expect an increase in mental health problems in healthcare professionals, and these problems will include depression, anxiety, and burnout.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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