



Mental Health in the Time of COVID-19

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Deadline for manuscript
submissions:

closed (11 April 2023)

Message from the Guest Editors

The COVID-19 pandemic will most likely influence the mental health and well-being of the general population, leading to an impact on the organization and delivery of mental health services worldwide. With regard to the impact of the COVID-19 pandemic on mental health, an increased prevalence of numerous mental disorders is expected, including anxiety, depressive, obsessive-compulsive, and post-traumatic stress disorder. Moreover, the incidence of other mental health problems, including substance and/or alcohol abuse, internet addiction, and psychosis, will probably increase. We also foresee, in the general population, an increased incidence of psychological difficulties related to quarantine, such as loneliness, economic difficulties, changes in daily habits, maladaptive coping strategies, and social disconnection. Finally, we also expect an increase in mental health problems in healthcare professionals, and these problems will include depression, anxiety, and burnout.





an Open Access Journal by MDPI

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Message from the Editor-in-Chief

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