# Moral Distress and Mental Health among Healthcare Professionals

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## Message from the Guest Editors

The suffering caused by moral distress has become more evident during the COVID-19 pandemic, where many clinicians have found themselves need to provide care in a context of limited resources. However, evidence is needed to better comprehend the relationship between moral distress and mental health outcomes among healthcare professionals. As moral distress may lead to positive behavioral and organizational changes if it is recognized and respected, the search protective factors for organizations and individuals should be promoted. Finally, as moral distress is becoming an emerging issue during the COVID-19 pandemic, new evidence is needed to design effective interventions to counteract it. In this Special Issue, we invite authors to contribute research exploring the links between moral distress and mental health, and on the factors and interventions that can address this phenomenon. New research papers, reviews, and case reports are welcome to this Issue. Papers reporting new approaches to assess and address moral distress are also welcome.

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**Special** Issue

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## Message from the Editor-in-Chief

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