



Occupational Health Psychology: From Burnout to Well-Being

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Message from the Guest Editor

Dear Colleagues,

The deep changes within organizations and, more recently, the COVID global health crisis, have increased the prevalence of psychosocial risk factors. These various factors result in damage to people's physical and mental health. Burnout is one of the most potential serious conditions that people experience when they are exposed to these risk factors for a period of time. While the factors leading to burnout are today quite known, the question remains on how to prevent it (primary or secondary prevention) and/or how to take care of people who suffer from it (tertiary prevention) in order to promote well-being within organizations.

This Special Issue of the *International Journal of Environmental Research and Public Health (IJERPH)* focuses on research that addresses this question. The papers submitted will be based on different types of populations and using a wide range of methodologies. Contributions to this issue should combine a high level of science with practical applications in organizations aiming at improving people's well-being.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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