



## Internet and Smartphone Use-Related Addiction Health Problems: Treatment, Education and Research

Guest Editor:

### Dr. Olatz Lopez-Fernandez

1. Faculty of Psychology, Campus de Somosaguas, Universidad Complutense de Madrid, Ctra. de Húmera s/n, Pozuelo de Alarcón, 28223 Madrid, Spain
2. Universidad Francisco de Vitoria, Psychology, Carretera de Pozuelo a Majadahonda km. 1.800, Pozuelo de Alarcón, 28223 Madrid, Spain
3. Centro de Estudios Universitarios Cardenal Cisneros, University College, Department of Psychology, Calle del General Díaz Porlier 58, 28006 Madrid, Spain
4. Hospital Universitario Fundación Jiménez Díaz, Servicio de Psiquiatría, Avda. Reyes Católicos 2, 28040 Madrid, Spain

Deadline for manuscript submissions:

**closed (31 May 2020)**

### Message from the Guest Editor

The previous Special Issue "Internet and Mobile Phone Addiction: Health and Educational Effects" (2017-2018) was a successful achievement with twenty interesting papers been published. It can be found at [https://www.mdpi.com/journal/ijerph/special\\_issues/internet\\_addiction](https://www.mdpi.com/journal/ijerph/special_issues/internet_addiction). The second edition relies on recent developments in internet and smartphone use-related addiction health problems.

First, we invite studies on how these problems are being diagnosed, the profiling of these patients, the usual comorbidity, treatments applied, and their prognosis. Second, we want to know how these problems could be tackled from an educational and preventive perspective, if any policy options have been applied and the consequences, if any educational intervention is undertaken, even as a preventive action, or on how education has developed on these health problems. Third, any research focused on the role of the internet in different fixed or mobile technologies is expected.





an Open Access Journal by MDPI

## Editor-in-Chief

**Prof. Dr. Paul R. Ward**

School of Society and Culture,  
Adelaide University, Adelaide  
5001, Australia

## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

**Journal Rank:** CiteScore - Q1 (Public Health, Environmental and Occupational Health)

## Contact Us

---

*International Journal of  
Environmental Research and Public  
Health* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
www.mdpi.com

mdpi.com/journal/ijerph  
ijerph@mdpi.com  
X@IJERPH\_MDPI