



The Effects of Financial Behavior and Health Insurance in Physical and Mental Health

Guest Editors:

Dr. Inmaculada Aguiar-Díaz

Department of Financial
Economy and Accounting,
Faculty of Economy, Business
and Tourism, University of Las
Palmas de Gran Canaria, 35017
Las Palmas, Spain

**Dr. María Victoria Ruiz-
Mallorquí**

Department of Financial
Economy and Accounting,
Faculty of Economy, Business
and Tourism, University of Las
Palmas de Gran Canaria, 35017
Las Palmas, Spain

Deadline for manuscript
submissions:

closed (31 July 2023)

Message from the Guest Editors

A high level of indebtedness can lead to insolvency; this in turn generates stress, which affects people's mental and physical health. Likewise, investment in high-risk financial products generates uncertainty regarding the results, which may affect stress levels depending on the investor's degree of subjective risk tolerance. Health insurance is not only a protection mechanism for health, but also for family finance. In this sense, the security offered by private health insurance can lead to risky financial decisions that allow for better returns, and such protection facilitates the availability of resources for riskier financial investments. Likewise, analysis of gender and age, as well as the national culture, as possible moderators of the relationships between financial behavior and health is of particular interest.

This Special Issue seeks contributions on the linkages between three areas: financial behavior, health status and health insurance. Papers relating to these areas could make a remarkable contribution to health economics, linking aspects such as debt, financial risk taking or financial resilience with health insurance and physical and mental health status.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
Research Center, Morgan State
University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (*Public Health, Environmental and Occupational Health*)

Contact Us

*International Journal of
Environmental Research and Public
Health* Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
[X@IJERPH_MDPI](https://twitter.com/IJERPH_MDPI)