



Healthy Growth: How to Promote It in School-Aged Children and Adolescents

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Message from the Guest Editor

Healthy growth refers to a process that comprises physical, mental, emotional and social well-being. It is well known that a healthy growth and development is a key determinant for health throughout the course of life. It is also known that many factors can contribute to it. However, research to better understand this topic and how to promote healthy growth is always needed. This is because investments and interventions in this area can strongly have an impact on population health but can also promote health equity.

As child's growth and development can be divided into different periods with different needs and milestones, we decided to focus this Special Issue on school-aged children and adolescents. We welcome papers that address how to promote a healthy growth and development in this age range from different perspectives and research fields: public health, pedagogy, sociology, psychology, anthropology.





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Message from the Editor-in-Chief

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