



Health Literacy, Patient Empowerment and Preventive Medicine

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Deadline for manuscript
submissions:

closed (26 February 2021)

Message from the Guest Editors

The MeSH term “health literacy” was only introduced in 2010 in PubMed. Health literacy is defined as the degree to which patients can obtain, process, and understand the basic health information and services needed to make the most appropriate choices about their care.

The aim is not only to teach patients about health issues but also to encourage them to develop attitudes and skills that will facilitate reasoned decision making. Although it is important to improve a patient’s adherence to medications from the curative perspective, this approach is far more relevant in preventive medicine, where the options of today will have a great impact on the future, for good and for bad.

The empowerment of patients is crucial, and the way to achieve it is the object of research.

The aim of this Special Issue is to assemble a set of articles that discuss the ways in which we may improve health literacy in patients, applying health strategies designed for the population to the individual. Original articles, significant case reports, and comprehensive reviews are welcome.





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Message from the Editor-in-Chief

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