



Human-Centered Approach in City Regeneration

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Message from the Guest Editors

By 2030, three out of five people will live in urban areas given the continuous increase in urbanization processes. Therefore, the idea of a "healthy city" is essential; that is, a city that continually creates and improves the opportunities of the physical and social context and allows all citizens to remain physically active in everyday life. Some studies have indicated how the reduction of access to green spaces leads to a reduction in physical activity with a consequent increase in problems of health. An association between some environmental factors related to the urban context, such as air and noise pollution and high temperatures, with increasing mortality, was widely recognized through time. A revision of the guidance in regenerating cities should include in the resilience actions not only climate as a fundamental issue but also citizen wellness as a fundamental step to apply a broad concept of democracy. This Special Issue is devoted to contributions that approach human-centered solutions for new city policies.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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