



Fitness Assessment, Athlete's Monitoring Cycle and Training Interventions in Team Sports

Guest Editors:

Dr. Filipe Manuel Clemente

Polytechnic Institute of Viana do Castelo, School of Sport and Leisure, 4960-320 Melgaço, Portugal

Dr. Hugo Sarmento

Faculty of Sport Sciences and Physical Education, University of Coimbra, Coimbra, 3040-156 Coimbra, Portugal

Deadline for manuscript submissions:

closed (30 March 2021)

Message from the Guest Editors

The aim of the Special Issue on “Fitness Assessment, Athlete’s Monitoring Cycle and Training Interventions in Team Sports” is to publish high-quality original investigations, systematic reviews, and meta-analysis in the research field of team sports. We look forward to receiving contributions related (but not limited) to the following topics:

1. performance assessment and relationships between fitness measures;
2. training load monitoring, well-being, and readiness in team sports;
3. training interventions;
4. complementary strategies for performance (e.g., nutrition, supplementation, psychology, injury preventions, recovery); and
5. determinants of illness and injuries in players. We welcome papers related to evidence of successful intervention strategies. All manuscripts will be peer-reviewed by experts in the field.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health
Disparities Research and
Innovation, Richard N. Dixon
Research Center, Morgan State
University, Baltimore, MD 21251,
USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (Public Health, Environmental and Occupational Health)

Contact Us

*International Journal of
Environmental Research and Public
Health* Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
X@IJERPH_MDPI