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Family Relationship and Children's Mental Health

Guest Editor:

Prof. Dr. Mikaela Dufur

Department of Sociology, Brigham Youn University, Provo, UT 84602, USA

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Message from the Guest Editor

A robust and growing body of research demonstrates the importance of understanding adolescents' mental health. Firstly, mental health is associated with other important developmental outcomes; secondly, mental health itself is an important part of young people's lives. While the development of and challenges to youth mental health are multidimensional, exploring the environmental factors associated with mental health is a promising avenue for research because they may provide some of the best opportunities for manipulation and. therefore. improvements in mental health. This Special Issue seeks to understand more about the associations between adolescent mental health and a specific environmental factor—the family. Both family structures and family processes create environments in which adolescents' mental health can be fostered or damaged, and most adolescents are deeply embedded in family environments, even as they begin to exert independence.









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Editor-in-Chief

Prof. Dr. Paul B. TchounwouRCMI Center for Urban Health Disparities Research and Innovation. Richard Dixon

Research Center, Morgan State University, 1700 E. Cold Spring Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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